

From 19 July, outside of health and social care settings...

...there are some changes

-  **No limits on social contact indoors or outdoors**
-  **All settings are open including nightclubs and large venues**
-  **No restrictions at life events such as weddings**
-  **Social distancing rules only required in limited circumstances i.e. people who are self-isolating**

For up to date guidance visit:

www.gov.uk/coronavirus

www.gov.uk/government/publications/visiting-care-homes-during-coronavirus



**Integrated
Care System**
Nottingham & Nottinghamshire

COVID-19

July 2021

From 19 July, inside health and social care settings...

...It's NO change



#HandsFaceSpaceFreshAir