



**Arrow Health**  
Primary Care Network



**Synergy Health**  
Primary Care Network

## Get ready for Arrow Health and Synergy Health PCNs **Joint Health and Wellbeing Event!**

Drop-in to our event to find ways to boost your health, meet some of our Primary Care team and browse our stalls.

- Advice from local healthcare professionals
- Mental Health support
- Healthy activity opportunities
- Activities for the kids to take part in too!



**Date:** Saturday 8th March 2025

**Venue:** Westdale Lane  
Community Centre, Mapperley,  
Nottingham, NG3 6ES

**Time:** 11am to 2pm

**Limited parking available**

**South Nottinghamshire**  
Place-Based Partnership

